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UNITED STATES  
SECURITIES AND EXCHANGE COMMISSION  
Washington, D.C. 20549

**FORM 6-K**

REPORT OF FOREIGN PRIVATE ISSUER PURSUANT TO RULE 13a-16 OR 15d-16 UNDER THE SECURITIES EXCHANGE ACT OF 1934

For the month of May, 2026.

Commission File Number: 001-40530

**GH Research PLC**  
(Exact name of registrant as specified in its charter)

Joshua Dawson House  
Dawson Street  
Dublin 2  
D02 RY95  
Ireland  
(Address of principal executive office)

Indicate by check mark whether the registrant files or will file annual reports under cover of Form 20-F or Form 40-F:

Form 20-F

Form 40-F

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GH Research PLC will attend the American Psychiatric Association Annual Meeting, which is scheduled to take place in San Francisco, California, from May 16 – 20, 2026.

**SIGNATURE**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

Date: May 13, 2026

**GH Research PLC**

By: /s/ Julie Ryan  
Name: Julie Ryan  
Title: Vice President, Finance